























































































7. Bieg nad Tanwią 10 km

Susiec, 2021-07-24 - Wyniki

Poz.	Nazwisko, imię	Klub	Netto	Strata	Tempo
1	 [30] OLEKSY, Przemysław	DREAM RUN	0:36:30.94	+0:00:00.00	03:39min/km
2	 [36] WYBRANOWSKI, Paweł		0:38:43.74	+0:02:12.80	03:52min/km
3	 [25] KUBISZYN, Sebastian		0:39:01.51	+0:02:30.57	03:54min/km
4	 [33] PLIŚ, Mateusz		0:39:57.61	+0:03:26.67	03:59min/km
5	 [20] BUCZAK, Andrzej		0:40:34.71	+0:04:03.77	04:03min/km
6	 [22] GRUSZCZYŃSKI, Romuald		0:40:47.95	+0:04:17.01	04:04min/km
7	 [41] GRUSZCZYŃSKI, Krzysztof	KRESOWIANIE	0:41:04.81	+0:04:36.98	04:06min/km
8	 [81] ADAMOWSKI, Marcin		0:41:51.24	+0:05:20.40	04:11min/km
9	 [60] MIAZGA, Janusz	ROZBIEGANY ZAMOŚĆ	0:42:18.23	+0:05:47.29	04:13min/km
10	 [27] MANDZIUK, Mateusz	MULKS GRUPA OSCAR TOMASZÓW LUBELSKI	0:42:35.40	+0:06:04.46	04:15min/km
11	 [55] SAWICKI, Paweł		0:42:53.66	+0:06:25.66	04:17min/km
12	 [54] REPECKI, Marcin		0:42:56.76	+0:06:28.99	04:17min/km
13	 [35] TUTKA, Dominik	BIŁGORAJ BIEGA	0:43:05.13	+0:06:36.11	04:18min/km
14	 [34] SZKODA, Robert	BIŁGORAJ BIEGA	0:43:14.58	+0:06:45.42	04:19min/km
15	 [59] KORNAGA, Janusz		0:43:39.03	+0:07:08.73	04:21min/km
16	 [77] CZYŻEWSKI, Ireneusz		0:44:38.27	+0:08:08.48	04:27min/km
17	 [45] KIELAR, Daniel	KRESOWIANIE	0:44:49.36	+0:08:22.33	04:28min/km
18	 [42] HAŁASA, Piotr		0:44:57.74	+0:08:28.94	04:29min/km
19	 [24] KRÓL, Michał		0:45:14.39	+0:08:50.27	04:31min/km
20	 [32] PAZOWSKI, Dawid		0:45:30.89	+0:09:03.58	04:33min/km
21	 [23] KORZENIOWSKI, Damian		0:46:13.74	+0:09:43.85	04:37min/km
22	 [26] ŁASZKIEWICZ, Arkadiusz		0:46:15.82	+0:09:48.47	04:37min/km
23	 [78] KUŁAKOWSKI, Wojciech		0:46:21.55	+0:09:51.35	04:38min/km
24	 [21] FLAK, Wojciech		0:46:24.47	+0:09:55.44	04:38min/km
25	 [11] ABRAMOWICZ, Daniel	CHEŁM BIEGA	0:46:40.32	+0:10:10.15	04:40min/km
26	 [61] RYCAK, Andrzej		0:46:45.15	+0:10:18.09	04:40min/km
27	 [52] NIEŚCIOR, Waldemar	TOMASZOWSKA GRUPA BIEGOWA	0:46:48.04	+0:10:19.57	04:40min/km
28	 [48] KOZIOŁ, Tomasz	CHEŁM BIEGA	0:47:10.92	+0:10:42.60	04:43min/km
29	 [38] BANASZKIEWICZ, Rafał		0:47:21.09	+0:10:54.88	04:44min/km
30	 [62] SMOLUCH, Ryszard		0:47:32.77	+0:11:06.28	04:45min/km

31		[53]	PSZCZOŁA, Ireneusz		0:47:34.44	+0:11:05.84	04:45min/km
32		[56]	SOKALSKI, Sławomir	6 POWER	0:48:30.75	+0:12:03.81	04:51min/km
33		[63]	SOPEL, Wiesław	AS ULTRA LUBACZÓW	0:48:34.95	+0:12:11.76	04:51min/km
34		[65]	JACEK, Andrzej	NIEZRZESZONY	0:49:13.74	+0:12:46.34	04:55min/km
35		[1]	KOSZ, Monika		0:49:47.26	+0:13:16.85	04:58min/km
36		[49]	KRACZKOWSKI, Krzysztof	8 BALL CROSS GYM CHEŁM	0:49:53.13	+0:13:23.28	04:59min/km
37		[85]	SZMOŁDA, Grzegorz		0:50:32.22	+0:14:07.00	05:03min/km
38		[2]	MURZACZ, Agata		0:50:48.77	+0:14:19.15	05:04min/km
39		[37]	ADAMEK, Mirosław	#LUBYCZABIEGA	0:50:55.68	+0:14:29.84	05:05min/km
40		[12]	CHOMA, Agnieszka		0:51:13.22	+0:14:47.64	05:07min/km
41		[79]	MAZUREK, Krzysztof		0:51:27.16	+0:15:01.04	05:08min/km
42		[39]	CZUJ, Stanisław	ROZBIEGANY ZAMOŚĆ	0:51:31.00	+0:15:04.89	05:09min/km
43		[64]	HRYMAK, Stanisław		0:52:10.52	+0:15:45.63	05:13min/km
44		[3]	BARAN-HAŁASA, Lucyna	BBL ZAMOSC	0:52:22.87	+0:15:54.94	05:14min/km
45		[16]	SZCZEPUCH, Dorota		0:52:24.76	+0:15:56.82	05:14min/km
46		[86]	ZYGARNICKI, Stanisław		0:53:50.14	+0:17:24.34	05:23min/km
47		[44]	JAGI, Tomasz	BBL ZAMOSC	0:53:50.78	+0:17:24.27	05:23min/km
48		[4]	FOLUSIEWICZ, Anna		0:54:02.98	+0:17:36.57	05:24min/km
49		[82]	LASOTA, Elżbieta	TOMASZOWSKA GRUPA BIEGOWA	0:54:10.26	+0:17:41.21	05:25min/km
50		[80]	KOPER, Renata	TOMASZOWSKA GRUPA BIEGOWA	0:55:00.46	+0:18:31.18	05:30min/km
51		[46]	KOPER, Bartłomiej	TOMASZOWSKA GRUPA BIEGOWA	0:55:00.84	+0:18:31.72	05:30min/km
52		[58]	BISZKONT, Sławomir		0:56:12.43	+0:19:46.18	05:37min/km
53		[84]	MUSIAŁ, Szczepan		0:56:24.85	+0:19:56.75	05:38min/km
54		[13]	BISZKONT, Joanna		0:57:55.37	+0:21:28.47	05:47min/km
55		[9]	ŚWIDEREK, Dorota	PZU SPORT TEAM	0:58:17.87	+0:21:54.88	05:49min/km
56		[10]	TALAROWSKA, Agnieszka		0:59:30.56	+0:23:04.84	05:57min/km
57		[57]	TALAROWSKI, Paweł	HUSARIA RACE TEAM	0:59:30.65	+0:23:05.18	05:57min/km
58		[17]	WYŁUPEK, Marcelina		0:59:40.40	+0:23:10.95	05:58min/km
59		[87]	MASEŁKO, Tomasz		1:00:02.16	+0:23:32.62	06:00min/km
60		[7]	OLECH, Barbara	PZU SPORT TEAM	1:00:54.48	+0:24:31.02	06:05min/km
61		[31]	ORKISZEWSKI, Arkadiusz		1:01:09.31	+0:24:45.65	06:06min/km
62		[15]	KLIMKOWSKA, Monika	SPORTY CZARNIECKI - CHEŁM BIEGA	1:01:10.62	+0:24:44.19	06:07min/km
63		[6]	MIŚKIEWICZ, Angelika		1:01:39.67	+0:25:15.68	06:09min/km
64		[28]	MIŚKIEWICZ, Witold	TARNAWATKA	1:01:39.73	+0:25:15.42	06:09min/km
65		[67]	RYKAŁA, Irena	KLUB NORDIC WALKING SPRING HORYNIEC-ZDRÓJ	1:04:55.22	+0:28:36.48	06:29min/km
66		[72]	MAJDAK, Sebastian		1:05:25.00	+0:29:07.63	06:32min/km

67		[73]	RYKAŁA, Tomasz	KLUB NORDIC WALKING SPRING HORYNIEC-ZDRÓJ	1:05:26.31	+0:29:06.55	06:32min/km
68		[74]	KOPROWSKI, Ryszard		1:05:29.39	+0:29:08.01	06:32min/km
69		[76]	KULIK, Adam		1:05:36.96	+0:29:17.28	06:33min/km
70		[51]	MAŁEK, Mariusz		1:05:57.79	+0:29:29.89	06:35min/km
71		[71]	KUBISZYN, Wiesława		1:06:22.23	+0:30:04.78	06:38min/km
72		[29]	NOWOSAD, Kamil		1:07:08.72	+0:30:40.74	06:42min/km
73		[69]	ZAPALSKA-CZARNY, Iwona	KLUB NORDIC WALKING SPRING HORYNIEC-ZDRÓJ	1:14:45.06	+0:38:25.91	07:28min/km
74		[8]	STASZAK, Aleksandra		1:15:26.13	+0:39:04.05	07:32min/km
75		[68]	WAŻNA, Joanna	KLUB NORDIC WALKING SPRING HORYNIEC-ZDRÓJ	1:16:29.56	+0:40:11.98	07:38min/km
76		[66]	ZAREMBA, Katarzyna	KLUB NORDIC WALKING SPRING HORYNIEC-ZDRÓJ	1:19:59.27	+0:43:44.59	07:59min/km
77		[83]	MANDZIUK-KIELAR, Monika	QUAND ROZTOCZE AKTIV TEAM	1:21:31.90	+0:45:17.99	08:09min/km
		[5]	KRÓL, Anna		DNS		
		[50]	MADEJSKI, Artur	WATAHA	DNS		
		[70]	ADAMCZYK, Hanna		DNS		
		[75]	KUDLICKI, Andrzej	QUAND ROZTOCZE AKTIV TEAM	DNS		
		[47]	KORZENIAK, Jacek		DNS		
		[43]	HENIBORG, Marek		DNS		
		[14]	GRZESIK, Jolanta	TOMASZOWSKA GRUPA BIEGOWA	DNS		
		[40]	GĘBICKI, Mirosław		DNS		
		[19]	ANTOŃCZAK, Marek	STOWARZYSZENIE KRASNYSTAW BIEGA	DNS		
		[18]	ANTOŃCZAK, Damian	STOWARZYSZENIE KRASNYSTAW BIEGA	DNS		