



IV. Ochabski Bieg i marsz Nordic Walking na 5 km. Aktywne dziołchy

Ochaby Wielkie, 2023-09-17 - Wyniki

Organizator - Rada Sołeczka Ochab, KGW Ochaby

Nordic Walking Kategoria - K1

Poz.	Kat./Poz.	[Nr]Nazwisko, imię	Klub	Czas	Tempo
1	K1/1	[79] KUCZERA, Beata	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	0:38:24.62	07:40min/km
2	K1/2	[75] GERLE-KOTULA, Anna		0:38:57.85	07:47min/km
3	K1/3	[73] GAWLAS, Anita		0:41:36.41	08:19min/km
4	K1/4	[85] WANTOR, Sylwia		0:42:27.67	08:29min/km
5	K1/5	[69] DRELLA, Martyna		0:43:06.36	08:37min/km
6	K1/6	[70] DZIEDZIC, Aleksandra		0:44:31.43	08:54min/km
7	K1/7	[83] STAWIARSKA, Iwona		0:44:37.31	08:55min/km
8	K1/8	[126] TRĄBAŁA, Aleksandra		0:46:24.64	09:16min/km
9	K1/9	[72] FERFECKA, Sylwia		0:46:24.77	09:16min/km
10	K1/10	[81] MASELIK, Martyna		0:46:41.74	09:20min/km
11	K1/11	[78] KUČERKA, Katarzyna	KASIA I KUBA	0:47:02.77	09:24min/km
12	K1/12	[86] WIERCIGROCH, Elżbieta		0:47:57.34	09:35min/km
13	K1/13	[77] HELLER, Agnieszka		0:48:01.84	09:36min/km
14	K1/14	[68] CYWKA, Sybilla		0:48:02.04	09:36min/km
15	K1/15	[82] PYTEL, Joanna		0:48:02.42	09:36min/km
16	K1/16	[84] STOKŁOSA, Monika		0:48:33.22	09:42min/km
17	K1/17	[76] GOMOLA, Agata		0:52:00.32	10:24min/km
18	K1/18	[74] GAWLAS, Marcelina		0:53:07.18	10:37min/km
19	K1/19	[71] ELŻBIETA, Elżbieta		0:53:07.58	10:37min/km

Nordic Walking Kategoria - K2

Poz.	Kat./Poz.	[Nr]Nazwisko, imię	Klub	Czas	Tempo
1	K2/1	[96] JANICZEK, Katarzyna		0:38:39.17	07:43min/km
2	K2/2	[87] BOŁOTIUCH, Katarzyna	POWOLI DO CELU	0:39:47.62	07:57min/km
3	K2/3	BORUS, Joanna	KAJ MY SOM?	0:40:30.04	08:06min/km

4	K2/4	[104] KOŚCIELNY, Kamila	FORMA WODZISŁAW ŚLĄSKI	0:40:44.99	08:09min/km
5	K2/5	[93] EISLER, Anna	PEKEPEKE	0:42:04.86	08:24min/km
6	K2/6	[128] BOŚ, Iwona		0:42:13.49	08:26min/km
7	K2/7	[111] OGIERMAN, Aneta		0:42:54.38	08:34min/km
8	K2/8	[100] KISIAŁA, Barbara		0:43:31.10	08:42min/km
9	K2/9	[110] NOWAK, Anna		0:43:42.58	08:44min/km
10	K2/10	[124] ŻŁOBIŃSKA, Katarzyna		0:43:48.90	08:45min/km
11	K2/11	[92] DUTKA, Bożena		0:44:04.92	08:48min/km
12	K2/12	[98] KASPERCZYK, Violetta		0:44:29.95	08:53min/km
13	K2/13	[101] KOBIELA, Liliana		0:44:37.49	08:55min/km
14	K2/14	[115] PRZYBYLSKA, Wanda	NIEZRZESZONA	0:44:51.85	08:58min/km
15	K2/15	[106] MACHEJ, Małgorzata		0:45:58.74	09:11min/km
16	K2/16	[120] TOMALA, Sylwia		0:46:21.28	09:16min/km
17	K2/17	[121] WENCELIS-SĘKALSKA, Eliza	HAJIME	0:47:10.95	09:26min/km
18	K2/18	[97] JUNCZEWSKA-KOBIELA, Katarzyna	HAJIME	0:47:34.30	09:30min/km
19	K2/19	[122] OLMA, Wiesława		0:47:53.35	09:34min/km
20	K2/20	[95] IDZIKOWSKA, Elżbieta		0:47:58.55	09:35min/km
21	K2/21	[125] BIAŁEK-BRODA, Ewa		0:48:02.29	09:36min/km
22	K2/22	[91] DUDA, Alicja		0:48:21.34	09:40min/km
23	K2/23	[117] SIKORA, Krystyna		0:48:32.40	09:42min/km
24	K2/24	[90] DUBIEL-KOZIEŁ, Linda		0:50:02.40	10:00min/km
25	K2/25	[116] RUSIN, Jolanta	EKIPA NA KIJACH	0:50:03.66	10:00min/km
26	K2/26	[89] DRZAZGOWSKA, Lucyna		0:50:05.86	10:01min/km
27	K2/27	[108] MISTEROWICZ, Jolanta	RUNSZ-TEAM	0:51:05.83	10:13min/km
28	K2/28	[127] WOLAK, Krystyna	KOBIETY NA 5+	0:51:10.83	10:14min/km
29	K2/29	[113] PARZYCH, Renata		0:51:11.40	10:14min/km
30	K2/30	[94] FOLTYN, Elżbieta		0:51:48.85	10:21min/km
31	K2/31	[123] ZDEJSZY, Magdalena	OLZA CIESZYN	0:51:48.90	10:21min/km
32	K2/32	[105] KUC, Ewa		0:51:50.13	10:22min/km
33	K2/33	[118] STANIEK, Agnieszka		0:51:55.18	10:23min/km
34	K2/34	[119] STANIEK, Ewelinaa		0:51:55.23	10:23min/km

35	K2/35	[114] PODESZWA, Ewa	0:52:01.27	10:24min/km
36	K2/36	[107] MADZIA, Beata	0:52:49.61	10:33min/km
	K2/	[109] NIEZGODA, Lucyna	DNS	
	K2/	[102] KOHUT, Jolanta	DNS	